

The More You Sow Newsletter

Vol.02 Sept. 2022



School Garden Spotlight



Avon Avenue School has a beautiful school garden right out front of the school entrance! Currently the garden is filled with eggplant, zucchini, sunflowers, marigolds, okra, beans and many more plants! We have had a close relationship with Avon Avenue School for quite a while and we are ready for another year of students enjoying the fruits of all their



hard work over the years. Not only does Avon have a school garden, but just a short walk down the street is their orchard filled with peaches, plums, cherries, and apple trees. We recently heard from the School Clerk, Mr. Allen, that the peaches this year were amazing and they had people in and out of the orchard excited to get a taste of locally grown peaches.

With the fall just around the corner, we are looking forward to hosting another Fall Festival at the orchard. This is where students have to chance to pick pumpkins, participate in a fun taste test, and learn even more about all things gardening, plants, and bugs!

Lesson of the Month



Our FoodCorps Service Members are finally back in their respective schools, preparing for a fun year ahead of them and their students! A great lesson to kick off the year is "Design a Garden". Have your students draw their very own garden of plants they would want to grow. After they are done, have everyone share out and take a trip out to see what their school garden looks like with a nice tour!



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Newark Heroes

This past summer, we hosted a new group of interns from the Newark Youth Leadership Project. We had the pleasure of hosting 23 high school interns and 7 college mentors! Each worked within their assigned department to assist those staff members in the Urban Agriculture, Education, or Horticulture Department. These young leaders helped maintain

and keep our garden spaces thriving during a very hot summer. We could not have done all that work without their help! On top of that, they've had college visits, keynote speakers, and team building exercises to work on their professional development.



giveaways and sustainable vendors! We were delighted to showcase our "Urban Oasis", with many plants grown in all sorts of containers.



What's Happening Around Newark

In early August, we saw Newark host it's very first Green Fest! This was a family friendly event with activities such as healthy food demos, a farmer's market, eco-friendly interactive workshops, music, yoga, performances,

Upcoming Events

9/6- Hawthorne Avenue Farm Open Volunteer Day @ 4pm

9/10- Second Saturday @ 10:30am

9/10- Clinton Hill Farmer's Market @ 11-3pm

9/13- Hawthorne Ave Soil Amendment Workshop @ 5:30-6:30pm

9/14- Prince Street Farmer's Market @ 4-7pm

9/17- Family Fun in the Kitchen @ 11am-12:30pm

9/27- Hawthorne Avenue Farm Open Volunteer Day @4pm

9/28- Prince Street Farmer's Market @ 4-7pm

To register, visit our website at <https://www.citybloom.org>

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Garden Resources

The joy of seeing the seed you watered on your own, sprouting is amazing. Yet even the most experienced gardeners will have older seeds they forget about. A fun and easy way to test if your seeds will still sprout is by doing a germination test. Moisten a paper towel and scatter the seeds around the towel. Roll



that paper towel into a ziplock bag and keep it closed. In 1-2 weeks, you will see whether your seeds were able to sprout!

Grants

Check out these opportunities to help kick start your garden program!

[The Bee Program Grant](#)

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Buggin' Out

As much as we would love for it to be true, not every bug out in the garden is beneficial like our butterflies, ladybugs, and bees. The bugs you see below are called aphids and are usually found in abundance with each other. We commonly see them on milkweed plants. Did you know a natural way to get rid of aphids is releasing ladybugs nearby to eat them all!



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